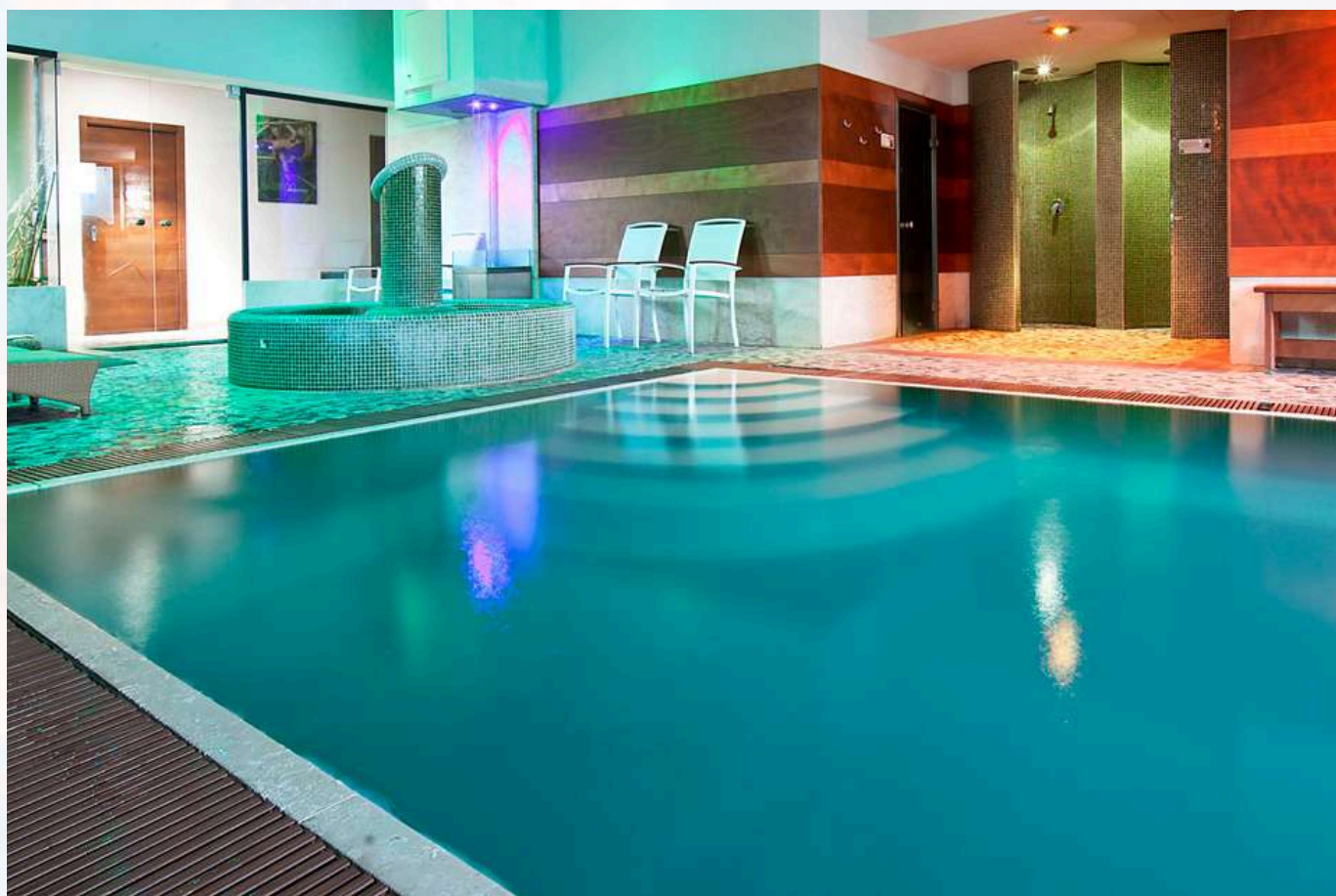




WELLNESS CENTER



- wellness spa •
- beauty center, solarium, gym •





OUR WELLNESS CENTER



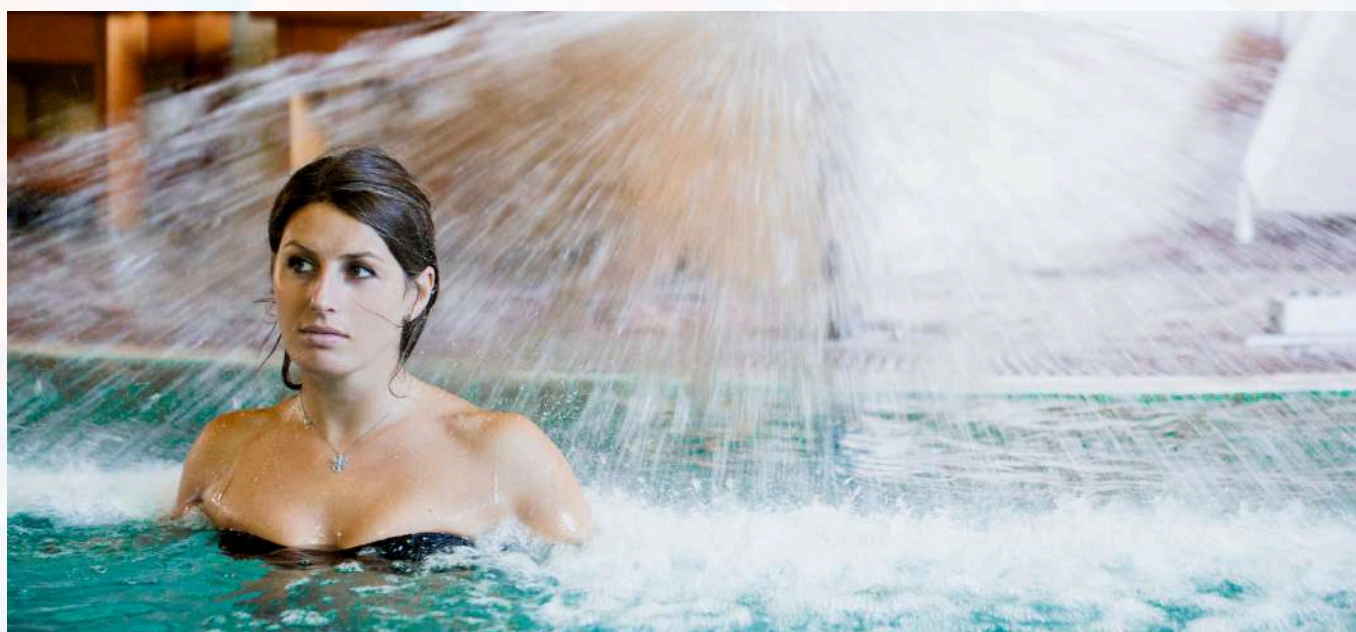


WELLNESS AREA

Open every day for Spa entrances and Wellness Paths.

Inside you can relax mind and body thanks to:

- Indoor heated pool
- Whirlpool
- Hydrojet
- Geyser
- Finnish sauna
- Turkish bath
- Chromotherapy
- Sensory showers
- Kneipp path
- Ice waterfall
- Relaxation area with loungers, and herbal teas



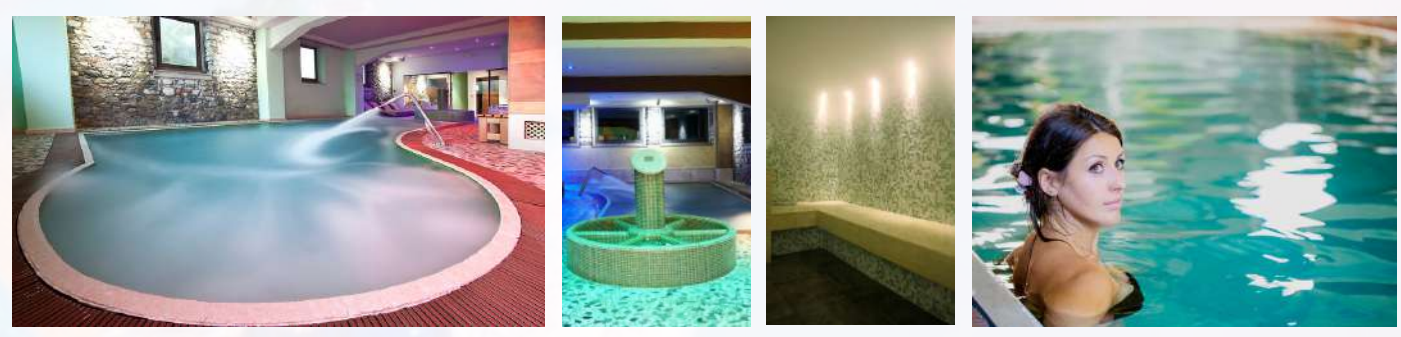



WELLNESS AND SPA

Fata Turchina

2-hour access to our Wellness area of 250sqm.

Access to the Spa (and swimming pool) is only possible by booking Wellness Paths time slots, reserved for a limited number of guests, to guarantee everyone a relaxing experience in a peaceful and serene environmen



Children aged 0-11 are welcome in our Wellnes Spa in the time slots with the sign:  Mon/Fri 9-11, 11-13, 13-15 Sat/Sun 9-11, 11-13.

Fares: 0-6 y.o. € 4,00, 7-11 y.o. € 8,00.

From 12 years of age, considered as adults time and price-wise.

Here you find the time slots for the Wellness Path (Spa entrance).
The hotel will give the availability for the dates of the stay

TIME SLOTS	MONDAY	TUESDAY	WEDNESD	THURSD	FRIDAY	SATURD	SUNDAY
09 - 11	15 € 	15 € 	15 € 	15 € 	15 € 	18 € 	18 € 
11 - 13	15 € 	15 € 	15 € 	15 € 	15 € 	18 € 	18 € 
13 - 15	15 € 	15 € 	15 € 	15 € 	15 € 	18 €	18 €
15 - 17	18 €	18 €	18 €	18 €	18 €	27 €	20 €
17 - 19	18 €	18 €	18 €	18 €	18 €	27 €	20 €
19 -21	18 €	18 €	18 €	18 €	18 €	27 €	-
21 - 23	-	-	-	-	18 €	27 €	-

If not included in the package, rates for the wellness path vary depending on the time slot and day. You can find them in the table above.
For public holidays that fall between Monday and Friday, Sunday rates apply.

Bathrobe, slippers and bath towel will be provided in your room.
Swimming costume and bathing cap required



WELLNESS AND SPA

Fata Turchina

Reservation of the Wellness Paths-Spa entrance **is compulsory** and must be made beforehand: preferably before or upon confirmation of the room.

Entrance to the swimming pool is only possible during the times booked for the Wellness Paths/Spa entrance, as it is located inside the Spa area.



If you book your Spa entrance during your stay **between the check-in time (i.e. from 1:00 p.m. to 3:00 p.m. on the day of arrival) and the check-out time (i.e. from 9:00 a.m. to 11:00 a.m. on the day of departure)**, you can get change in your room with bathrobe, towel and slippers provided by us.

For wellness treatments booked in the 1:00 p.m. to 3:00 p.m. time slot on the day of arrival, you **may be given your room earlier, from 12:30 p.m.** so that you can change in your room.

If your chosen time slot is from 9-11 a.m. on the morning of your departure, you can **keep your room until 12 noon** so that you can shower and change comfortably.

If, on the other hand, your chosen time slot is before or after these times, you can change at the Wellness Centre, agreeing with them on the availability of **dressing rooms**. Alternatively, you can request an **early check-in**, in order to have the room earlier in the morning at a cost of € 59.00, or a **late check-out** in order to keep the room after the check-out time, at a cost of € 29.00.

Both services must be requested in advance and availability must be assessed and confirmed with the hotel.



MASSAGE

4 Hands Massage*

- Energizing, invigorating and draining massage 60' € 100,00

Californian Massage

- Sensitive, meditative and psycho-body massage 50' € 88,00

Chackra Hot Stone Massage

- Manual massage with volcanic hot stones 60' € 80,00

Mineral Sabay Massage

- Manual massage with mineral hot stones 60' € 80,00



Bamboo Massage

- Decontracting/ draining massage with bamboo canes 50' € 80,00

Back and shoulders massage

- feet draining and back decontracting massage 45' € 65,00

Decontracting Massage 45'

- Decontracting body massage 45' € 62,00

- Decontracting 30'

Localized decontracting massage 30' € 48,00



MASSAGE

Chocolate Massage*

- sensorial, moisturising and slimming massage 60' € 60,00

Shea Butter Massage*

- nourishing and elasticising massage 50' € 60,00

Argan oil massage*

- nourishing and anti-ageing massage 50' € 58,00

Total relaxation massage*

- relaxing full-body massage 50' € 55,00



Delicate Massage*

- delicate face, neck, head and shoulder massage 30' € 38,00

Partial relax massage*

- neutral oil-based relaxation massage 30' € 38,00

Foot massage

- sensorial foot massage with finger pressure 30' € 38,00

* These massages, subject to availability, can also be done on a quartz sphere bed with chromotherapy: a complete wellness sensation.



OPENING HOURS AND CONTACTS

Fata Turchina is pleased to welcome you:

Monday / Thursday 9:00 - 21:00
Friday and Saturday 9:00 - 23:00
Sunday 9:00 - 20:00

All treatments, massages, Spa access and Wellness
Paths must be booked in advance.



Wellness Paths (2-hour spa access) can be booked
by contacting reception
of the **Hotel Lovere Resort & Spa:**



+39 347 986 5211



info@hotellovere.it



+39 035 960936



For **massages or facial and body treatments**, our
Fata Turchina girls will provide you with availability
and schedules by contacting:



+39 340 589 0140



info@lafataturchina.it



+39 035 988253





HOTEL GUESTS IN SPA

For you, Guests of Hotel Lovere Resort & Spa, who will have the pleasure of relaxing in our Wellness Center, remember to head to the Spa, after changing in your room and taking care to have with you:



bathsuit



bathrobe



flip-flops



towel



swimming caps (in the bathroom you will find the shower cap in case you forgot yours)



The wellness center is connected to the hotel on the second floor (Suite wing). To access follow our blue signs.



FACE BEAUTY

RITUAL FACIAL TREATMENT

€ 55,00

Time of ritual - awakens the skin and senses, cleanses, prepares and relaxes. For a soft, balanced, impurity-free skin and for a deep feeling of freshness, relief and youthfulness.

REACTIVATING REGENERATING TREATMENT

€ 55,00

Face perfection

Dedicated to cleansing the skin of the face, is the cosmetic treatment capable of reactivating the skin structures, exfoliate in a functional way the epidermis and make it more receptive and vital

SOOTHING AND ANTI-REDNESS TREATMENT

€ 65,00

Calm perfection

Dedicated to sensitive and intolerant skin. This treatment is able to intervene with a soothing action, targeted and diversified in every level of the skin barrier. To protect, repair and fortify the skin.

PURIFYING TREATMENT

€ 55,00

Pure Equalizer

Purifying, to free the skin from impurities and regulate the balance of microbial flora.

SEBUM-BALANCING TREATMENT

€ 65,00

To regularize hyperseborrhea giving a matte effect and reducing enlarged pores.

HYDRA PERFECTION

€ 60,00

The extreme hydro-nourishing treatment is able to stimulate the physiological mechanisms of hydration of the skin and restore the right reserves of water and nourishment in the skin tissues.

HYDRA PERFECTION

€100,00

The biorevitalizing hydration and extreme nourishment treatment is a moisturizing treatment able to revitalize the skin of the face, offering the correct amount of Hyaluronic Acid and Collagen for a perfectly hydrated, nourished and young skin.

ANTI-AGING TREATMENTS - AGE METHOD

€ 95,00

The cosmetic line that restructures the damage caused by skin and hormonal aging, smoothing the features, minimizing expression lines and deep wrinkles and strengthening the skin structure.

FILLER CODE

€ 95,00

Ideal for drained skin with the presence of superficial and/or deep wrinkles, the line's multi-functional formulations treat all types of wrinkles in a localized manner: superficial, deep, contraction and stress, working intensively on the three spatial dimensions of the wrinkle (depth, extension, width) and time.

Other specific treatments available, contact our practitioners.



BODY BEAUTY

TARGET: CELLULITE

DIBI CELL REWIND € 65,00
It acts on all aspects of cellulite to reactivate the microcirculation favoring the elimination of excess fluids, counteract the "orange peel" skin and weaken the fibrous cells of nodules.

ANTI-CELLULITE MASSAGE 30' € 43,00
Specific massage for blemishes carried out on legs and abdomen on request can also be made on the arms

ANTI-CELLULITE MASSAGE 45' € 60,00
Specific massage for blemishes carried out on legs and abdomen on request can also be made on the arms

TARGET: SLIMMING

DIBI SHAPE REFINE € 65,00
Reduces the appearance of imperfections caused by diffuse and localized fat

TARGET: TONIFYING

DIBI TONIC LIFTER € 65,00
It performs a triple action: toning, lifting, and combats skin aging

TARGET: DRAINING

PRESSOTHERAPY € 25,00
It is a mechanical massage that thanks to the progressive swelling and deflation of the sheaths allows to reactivate the circulation, both lymphatic and blood, oxygenating the body*.



TANNING

Low pressure shower For tanned skin	16'	€ 10,00
Sunbed For fair and delicate skins high and low pressure combination	18'	€ 15,00
High pressure shower For fair skins	16'	€ 13,00
Trifacial For tanned skins localized face	16'	€ 8,00



EPILATION

Full leg	€ 22,00
Half leg	€ 16,00
Armpit	€ 6,00
Partial groin	€ 9,00
Brazilian	€ 11,00
Total groin	€ 14,00
Arms	€ 13,00
Chest	€ 19,00
Back	€ 19,00
Sopralabial or face areas (chin/neck)	€ 5,00
Eyebrows	€ 5-9.00



MAKE-UP

Makeup from 30' € 20,00

Bridal makeup
(two tests + makeup at home max 20km) 45' € 120,00

Makeup lessons - Skin focus
Learn with us to build the perfect base 30' € 25,00

Makeup lessons - Eyes focus
Discover the secrets for a close-up look 30' € 25,00

Makeup lessons - Focus on lips
Let's create together your perfect smile 30' € 25,00





NAILS

SPECIAL HANDS

Filing nails	€ 7,00
Aesthetic manicure with vinylux nail polish application	€ 20,00
Shellac hands - semi permanent nail polish	€ 37,00
Shellac hands and manicure - semi permanent nail polish	€ 24,00
Manicure with kerosene - strengthening for dry and weak nails and hands	€ 30,00
Change nail polish or french vinylux	€ 10,00

SPECIAL FEET

Filing nails	€ 7,00
Aesthetic pedicure with vinylux nail polish application	€ 25,00
Deep pedicure with vinylux nail polish application	€ 33,00
Shellac feet - semi permanent nail polish	€ 24,00
Shellac feet - semi permanent nail polish and pedicure	€ 42,00
Pedicure with kerosene - strengthening for dry and weak nails and hands	€ 35,00
Change nail polish or french vinylux	€ 10,00





OUR GYM

Fitness room to keep you always in shape.

Our fitness room, equipped with the latest equipment with treadmill, gluteus machine, step, rowing machine, exercise bike and much more is waiting for you at any time of day to keep in shape on your own or with our personal trainers.

Lesson with our qualified personal trainer € 7,00/hour





*Time is gold,
give yourself
a moment of
pleasure...*



Fata Turchina

Wellness spa, beauty center, solarium, gym

Via Marconi 99 - 24065, Lovere (BG)

Tel- 035/988253, Cel - 340/5890140

info@lafataturchina.it - www.lafataturchina.it